

# - STARTERS -

## CRISPY BREADED INISHOWEN MUSHROOMS.....€5.50

Mixed salad and garlic mayonnaise  
(gluten, milk, eggs)

## ITALIAN BRUSCHETTA.....€5.90

Toasted Ciabatta with baby spinach,  
roasted peppers, tomato, mozzarella  
cheese & basil oil  
(gluten, milk, eggs)

## CORN NACHOS SHADOWS STYLE.....€5.90

Texas chilli with guacamole and sour  
cream dips  
(milk)

## SOUP OF THE DAY (CHEFS CHOICE).....€4.50

with crusty roll or wheaten bread  
(gluten, celery, milk)

## CAESAR SALAD.....€5.90

Crispy lettuce, bacon lardons, herbed  
croutons and classic Caesar dressing  
(gluten, milk, eggs, fish product, mustard)

## VOL AU VENT.....€5.90

Creamy chicken and ham vol au vent  
with mustard cress and flavoured oils  
(Served as main - €11.90)  
(gluten, milk, eggs)

## HOT WINGS.....€5.90

Deep fried fresh chicken wings with  
hot sauce, sour cream & celery  
(celery, milk, mustard)

## POTATO SKINS COMBO.....€5.90

Texas chilli 'n' cheese & Bacon 'n'  
cheese and sour cream  
(milk, mustard)



## THE LAKE SAYS



*We aim to offer you the very best of local and the freshest of ingredients around Buncrana. We make all our dishes to order, which are expertly prepared by our chefs. We hope you enjoy your meal and if you have any queries, our staff will be more than happy to oblige. Enjoy your meal....and please do visit again*

## LAZY SUNDAYS AT THE LAKE

Breakfast, Brunch, Lunch  
we do it all, you choose!



## FAMILY CELEBRATION COMING UP?

Here at the Lake we can provide you with,  
finger buffet, forked buffet or sit-down  
dinner, all in our free function room.

Contact a member of our staff for any  
queries you may have

## - BURGERS -

### CLASSIC BURGER.....€11.90

Dressed brioche bap with the Lakes house coleslaw  
(gluten, milk, eggs, mustard)

### TEX MEX BURGER.....€12.90

Ground beef burger with Texan chilli, cheese and spicy Mexican fries  
(Complete dish)

(gluten, milk, eggs, mustard)



Try Me!  
I'm New

### CHICKEN BURGER.....€13.50

Buttermilk chicken fillet in crispy batter with tomato, lettuce and guacamole

(gluten, milk, eggs, mustard)

### SHADOW BURGER.....€12.90

Dressed brioche bap with grated cheese, cured bacon and tobacco onions

(gluten, milk, eggs, mustard, celery, soy, sulphur dioxide)

## - STEAKS -

### SIRLOIN STEAK

A succulent sirloin of steak with french fried onions and black pepper cream sauce

(gluten, milk, mustard)

6oz.....€16.30

10oz.....€20.10

### FILLET STEAK.....€22.90

An 8oz fillet of beef with french fried onions and black pepper cream sauce

### STEAK AND CHICKEN

### COMBO.....€18.50

Blackened 6oz sirloin and fried chicken breast, creamy pepper sauce & French fried onions

## - HOUSE WINE -



*We have a great selection of house wine, red & white, that is sure to be a fantastic accompaniment with a tasty steak or burger.*

*Ask your waiter for our wine menu, and for our wine of the month*

## EXTRAS

PEPPER SAUCE.....€2.00

GARLIC BUTTER.....€1.00

HAND-CUT CHIPS.....€3.00

TEXAN FRIES.....€3.00

FRENCH FRIED ONIONS.....€3.50

VEGETABLES.....€3.00

## - FISH -

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**BAKED SALMON.....€15.90**  
with a roast ratatouille  
(fish)

**SEARED SALMON SALAD.....€15.90**  
Mixed leaf salad with parmesan and a  
creamy caesar dressing  
(fish, milk, mustard)

**ROASTED COD FILLET.....€15.90**  
with pan fried green vegetables and a  
lemon & parsley compound butter  
(fish, milk)

**CATCH OF THE DAY..... SEE WAITER**  
Seasonal dish chosen by the chef

## - VEGETARIAN -

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**GOATS CHEESE FRITTERS.....€12.50**  
Breaded goats cheese fritters with  
spiced apple chutney on the Lakes  
house salad  
(gluten, milk, mustard)

**CAULIFLOWER, CHICKPEA & LENTIL  
KORMA.....€12.50**  
with steamed basmati rice

### - OFFERS -

Check out our table stands for  
special offers on food and drink.

*We have special offers and deals on a weekly  
and daily basis, so go follow and like our  
Facebook page while you order, you might just  
find yourself a deal....  
go on, you might as well*



### - BEVERAGES -

*You can find our beverage list on our  
dessert menu*

*We have a great selection of teas, and  
coffees, perfect for the end or a meal*

*Wine & Cocktail menus can be found at  
the bar*

## - CHICKEN -

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**CLASSIC CHICKEN KIEV.....€14.90**

Breaded chicken stuffed with garlic butter, tomato and vodka sauce  
(gluten, milk)

**POLLO NERO.....€14.90**

Pan fried chicken breast with a chianti, rosemary, fried mushroom and wild mushroom sauce  
(sulphites)

**WARM CHICKEN 'N' BACON SALAD.....€14.90**

Pan fried chicken and bacon strips on our house salad with honey & mustard dressing (complete dish)  
(mustard)

**GOUJONS OF CHICKEN.....€14.90**

with roast garlic aioli, BBQ sauce and house coleslaw  
(gluten, milk, eggs, mustard)

**SALT 'N' CHILLI CHICKEN.....€14.90**

with steamed rice (complete dish)  
(soy)

**CHICKEN MARYLAND.....€14.90**

Breaded chicken escalope with a bacon wrapped tomato and fruit fritters  
(gluten, milk, eggs)

**CLASSIC CHICKEN CAESAR.....€13.95**

Herb croutons, 28 days matured dressing, aged parmesan and bacon lardons (complete dish)  
(gluten, milk, eggs, fish product, mustard)

## - PASTA -

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**CHICKEN CARBONARA.....€14.50**

White wine cream, bacon & parmesan sauce served with garlic bread  
(complete dish)  
(gluten, milk)

**CLASSIC CARBONARA.....€12.50**

White wine cream, bacon & parmesan sauce served with garlic bread  
(complete dish)  
(gluten, milk)

**CHICKEN PARMIGIANA.....€14.50**

Breaded chicken topped with tomato & basil sauce and melted cheese  
(complete dish)  
(gluten, milk, eggs)

**LASAGNE.....€12.50**

Home made Sicilian lasagne with garlic ciabatta and roman salad  
(complete dish)  
(gluten, milk, mustard, celery)

# - HOUSE FAVOURITES -



## THE LAKE SAYS



*Our chef has created a menu with all our house favourite dishes, from new flavours to old classics.  
It's our one-page wonder that's sure to please anyone's hunger*

**MARINATED CHICKEN BANG BANG.....€14.95**  
with tandoori and garlic mayo dips  
(milk, mustard, eggs)

**CRISPY BATTERED COD.....€13.90**  
with mushy peas and tartare sauce  
(gluten, fish, milk, mustard)

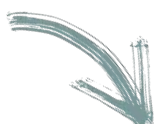
**ROAST OF THE DAY.....€12.95**  
Served with creamy mash & seasonal vegetables  
(see waiter for details & allergen advice)

**CAJUN CHICKEN.....€14.90**  
Pan fried Breast of Chicken, with Cajun Spice and Tobacco Onions.  
(gluten, milk, eggs)

**CHICKEN LOUISIANA.....€14.95**  
Breaded chicken with BBQ sauce, bacon and cheese  
(gluten, milk, eggs)

**SWEET & STICKY CHICKEN.....€14.90**  
Fillet of chicken with stir-fry vegetables, crispy cabbage and a soy, sesame, honey & chilli sauce with spring onion rice (complete dish)  
(soy sesame)

Don't forget your  
side order



# - SIDES -

**HOME-CUT CHIPS.....€3.00**

**SKINNY FRIES.....€3.00**

**SWEET POTATO CHIPS.....€3.00**

**SEASONED WEDGES.....€3.00**

**FRENCH FRIED ONIONS.....€3.50**

**SAUTE/GARLIC POTATO.....€3.00**

**CHAMP.....€3.50**

**BABY POTATOES.....€3.50**

**CREAMED POTATOES.....€3.00**

**SIDE SALAD.....€3.70**

# - PIZZAS -



## THE LAKE SAYS



*All our pizzas are thin crust and freshly made to order.  
Home-made tomato sauce and mozzarella are standard on all pizzas but can be made without the classic touch if you wish. Some orders may take up to 20 minutes during busy periods*

*Extra toppings are charged at €0.80 per topping*

### CLASSIC / TRADITIONAL

6"

12"

#### MARGHERITA

Mozzarella cheese over home-made tomato sauce  
(gluten, milk, eggs)

€6.95

€9.95

#### MEAT FEAST

Topped with ham, chicken, salami, pepperoni and bacon  
(gluten, milk, eggs)

€6.95

€11.95

#### BBQ CHICKEN

Home-made BBQ sauce, topped with chicken, peppers and bacon  
(gluten, milk, eggs)

€6.95

€11.25

#### SHADOWS PIZZA

Topped with chicken, ham, pepperoni, sweetcorn, red onion and pineapple  
(gluten, milk, eggs)

€6.95

€11.75

#### TOLA SUPREME

St.tola goats cheese, red onion marmalade, sundried tomatoes, bacon, sweetcorn and finished with wild rocket  
(gluten, milk, eggs)

€6.95

€11.75

# - DESSERTS -

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## TRIO OF ICE CREAM.....€5.00

Vanilla, Strawberry, Chocolate, Mint,  
Honeycomb  
Choose your three flavours  
(milk)

## WARM CHOCOLATE FUDGE CAKE.....€5.00

A rich and intense warm chocolate  
cake served with vanilla ice-cream  
(gluten, milk, eggs)

## APPLE PIE.....€5.00

Served with vanilla anglaise or ice-  
cream or fresh cream  
(gluten, milk, eggs)

## CHEESECAKE OF THE DAY.....€5.50

Check with your waiter for our  
cheesecake of the day  
(gluten, milk, eggs)

## BAKED ALASKA.....€5.50

A Genoese sponge with fruit, vanilla &  
strawberry ice-cream, topped with  
hot meringue  
(gluten, milk, eggs)

## DESSERT OF THE DAY.....€5.00

Check with your waiter for our  
dessert of the day



**BEST  
SELLER**

## EVEREST TEMPTATION

*A warm brownie  
with crushed  
meringue,  
honeycomb ice-  
cream,  
maltesers and  
warm  
butterscotch..  
all served in an  
edible cone  
- €6.50 -*

## KIDS HOT CHOCOLATE FUDGE CAKE.....€3.90

Served with vanilla ice-cream  
(gluten, milk, eggs)

## KIDS ICE-CREAMS.....€3.10

Choose any two flavours:  
vanilla, strawberry, chocolate, mint

## - BEVERAGES -

FAIR TRADE BLACK TEA.....	€1.60
FAIR TRADE GREEN TEA.....	€2.00
EARL GREY TEA.....	€2.00
PEPPERMINT TEA.....	€2.00
GROUND ROAST ARABIC COFFEE.....	€1.70
WHITE COFFEE.....	€2.70
CAFE LATTE.....	€2.70
ESPRESSO.....	€2.20
IRISH COFFEE.....	€5.20
COFFEE ROYAL.....	€5.20
BAILEYS COFFEE.....	€5.50
ITALIAN COFFEE.....	€5.50

ASK FOR OUR

*cocktail*

OF THE MONTH

*Full list of cocktails and alcohol drinks  
available at our bar*



*Full fat, low fat and soy milk are all available, so please inform you waiter when ordering*